

Makeup on ice

Ice skating has specific makeup challenges. Hot spotlights can wash out your makeup look, and reflection off the ice onto your face can create shadows. Because of the lighting in ice rinks, *cool undertone* lips, cheeks and eyes can make you look tired. It's best to follow the basic stage rules we've covered using neutrals with slightly warmer tones. If you want brighter *cool* color tones on the eyes, choose gray instead of blue or plum instead of purple. If you love pink on cheeks and lips, be careful to choose warmer pinks over cool, more violet pinks. The basic stage face we have described in this chapter works well for ice skating, but the glamorous costumes and sparkling ice will require a few little touches:

Shimmer powder is ideal for performances on ice. Opaque shimmer powder in a white gold or white silver tone will bring out your features and provide radiance. Place shimmer powder in the key light-catching points: inner eye corners (to address under eye dark shadows), the brow arch to lift eyes, the center of lid to draw attention to your gaze and a light dusting high on the cheekbones.

Glitter spray applied to the hair, shoulders, chest and back (if exposed) can draw attention to the body as you move.

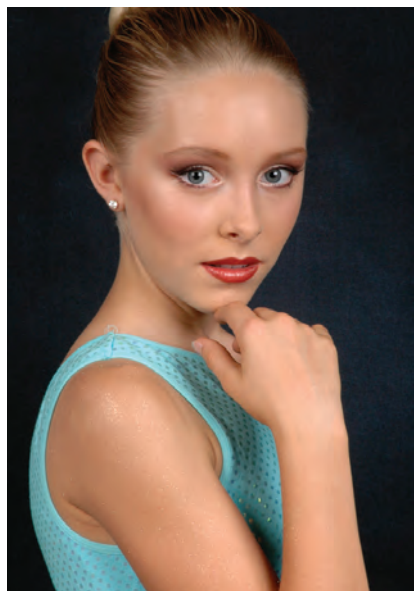
Loose glitter in soft colors like opal/pastel, a white sparkle, applied lightly to center of lips can be beautiful with glitzy costuming. Apply sparingly, and be sure to seal glitter on the face.

False lashes really help eyes look wide and open. Remember, the look you want is elegant and beautiful, not overdone.

Pull hair back and smooth, avoiding the use of bobby pins and hair rhinestones, as they are a hazard on the ice. French braids are good if hair is layered and look very pretty with a ribbon woven through them.

Show choir

With non-stop performing—up to thirty minutes of singing, dancing and dazzling audiences—they bring new meaning to quick change and high energy. That's why Show Choir falls into the *extreme condition* performing. The performance face covered in this chapter will suit your needs perfectly. Remember, keep your look elegant, sophisticated and polished. Avoid makeup that is too bright or overdone. With so many fast changes, try to vary your look a little with each costume. When using glitter, have a roll of first aid tape for quick glitter removal between changes



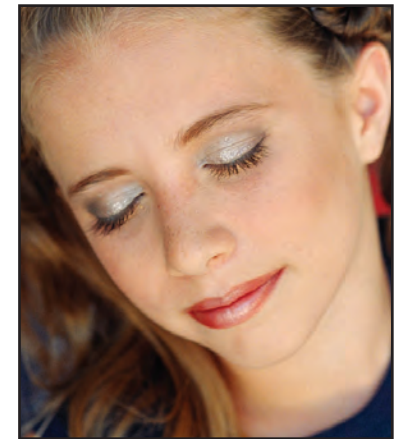
(see *Glitter, Dazzling or Dangerous?*, page 94). Hairpieces and wigs will add excitement and help keep you looking fresh for each number.

Cheer, color guard, drill, twirl and band

Uniforms in school colors create team spirit. For multiple costume and uniform changes it is best to stay with the neutral performance face. But for brighter, more lively makeup that complements such school colors as blue and teal or burgundy and purple, try these easy color themes. Follow the performance face application technique making these adjustments:

To complement blues and other cool colors: define eyes with a deep navy matte shadow. To balance eyes above crease and across eye bone use a matte medium neutral gray. Highlight eyes with a sheer white or silver shimmer shadow. Keep lips in a red tone but highlight at the center with a glossy white shimmer lipstick.

To complement purple and burgundy colors: define eyes with a deep plum/purple matte. Balance eyes with a burgundy/rose matte shadow. Highlight with a pink shimmer or silver shadow. Lips should be a burgundy red with burgundy lip liner. Highlight at the center with a glossy pink shimmer lipstick.



Cinch with curls

